When workers are injured on the job, employers feel the impact. Getting your injured worker into our physical therapy program can help speed up the recovery process and get them back to work.

Our team at Progressive Physical Therapy is skilled at helping patients return to the workforce with the best and most expedient results possible, meaning less down time and fewer healthcare costs for you.

Our full spectrum of physical therapy services helps develop and restore optimal physical function. Experienced therapists combined with innovative therapies enable us to meet physical therapy needs for a full range of work-related injuries, from repetitive motion and common spine disorders to injuries caused by trauma such as a fall or the result of heavy lifting.
Our physical therapists are experts when it comes to treating injuries. They will develop individualized treatment plans to restore function and return employees to work. We are fully equipped to perform a wide range of physical therapy services including:

**Physical Therapy**
- Specialized Evaluations
- Individualized Goals
- Pain Relief
- Post Surgical Rehabilitation
- Manual Therapy
- Foot and Ankle Therapy
- Plantar Fasciitis
- Trigger Point Therapy

**Industrial Medicine**
- Work Rehabilitation
- Back Care
- Injury Recovery
- Promote Movement
- Reduce Pain
- Restore Function
- Musculoskeletal Rehabilitation

As an added benefit, we provide central coordination and billing control through our corporate office. For larger employers, we can provide a single point of contact. In addition to our fee schedule services, we have the ability to implement custom programs for employers or carriers seeking more sophisticated medical management. You can rest assured your employees’ care will be managed to minimize unnecessary costs.

**Light Duty?**
Studies show that injured workers can recover faster when they return to work sooner, performing light duties or limited tasks. That is why our therapists work closely with patients and employers to develop an individualized treatment plan designed to prepare them for the physical demands of their jobs.
Case Workers/ Claims Managers
Progressive Physical Therapy is committed to working with employers to manage the care of their employees. Through regular phone calls and correspondence, we provide timely communication with case workers, employers and physicians. We know it’s important to keep you informed of employee progress, return-to-work status, and treatment recommendations. We will provide detailed reports, and act as a liaison between workers, physicians, case workers and employers.

Work Conditioning
Our work conditioning program is four to six weeks and is designed to restore employee function. It consists of exercises to improve strength, balance, flexibility, stabilization, cardiovascular reconditioning, and to evaluate a safe return to work. Work conditioning programs are meant to be self-paced.

Spine Therapy
Back and neck problems are among the most common work-related injuries. To target these areas, we have developed the Fitch Protocol, a treatment regimen that strengthens the muscles that support the spine. When applied correctly, this process can reduce the likeliness of re-injury.

Functional Capacity Evaluations (FCE)
A functional capacity evaluation is a systematic method of measuring an individual’s ability to perform meaningful tasks on a safe and dependable basis. FCE includes all impairments, not just those that result in physical functional limitations.

FCE has three specific purposes:
1. Improve safety
2. Identify functional ability
3. Determine presence & degree of disability
4. Case resolution

Post Offer Employment Testing (POET)
We provide on-the-job injury management and post-offer employment testing to identify pre-existing conditions that could limit a worker’s ability to perform their job safely and lead to workers’ compensation claims down the line.
Progressive Physical Therapy

The Leader in Innovative Therapies

Progressive Physical Therapy was founded over 20 years ago with an uncompromising commitment to providing quality service and improving patient outcomes. We embrace innovation and evidence-based, effective treatment protocols.

We serve our patients at over twenty offices throughout South Carolina. Our centers are staffed with certified, highly skilled therapists with years of experience and specialized training. This expertise is what makes Progressive Physical Therapy among South Carolina’s most respected in the field.

We commit to:

• Providing the best in therapeutic care
• Giving each patient personal attention
• Creating an environment for rapid recovery
• Continual communication with the patients’ physician